

Gallery Weekend KL will showcase the city's rich art and culture scene through exhibitions, shows and independent projects

ALLERY WEEKEND Kuala Lumpur (GWKL) 2016 is a celebration of contemporary Malaysian art and design. Open to the public at no charge, the inaugural event is a groundbreaking cultural experience that aims to inform all its audiences about the country's rich heritage. All programs are set to take place on the weekend of November 25 to 27, with itineraries that include gallery tours, talks and even a discovery of some of our gastronomic delights. A main highlight of

GWKL 2016 is the Luminary Pulse Series, a panel discussion featuring artists like Hanif Kara and Christopher Phillips, which is supported by the Aga Khan Award for Architecture. Datin Shalini Ganendra, who leads the project, shared the twofold benefit of GWKL, saying "All participating galleries, institutions and projects won't only enhance their capabilities, but will also help create community awareness and appreciation for the country and its art." Visit gw-kl.com or culture-connoisseur.com for more info.

## WATER DRAGONS

Happening from
November 11 to 13, the
Sarawak International
Dragon Boat Regatta
2016 will paddle off with
a bang. Held at Kuching
Waterfront, over 500
participants from 14
different countries are
expected to compete in
this challenging race.

## DELECTABLE PENANG

The second edition of the Food and Hotel Penang exhibition is set to take place from November 15 to 17 at the Straits Quay Convention Centre. With over 250 companies from 30 countries participating, there will be exciting segments such as a wine village, among many others.

## NON-URBAN EXPRESSION

In its third year running, From Alarippu to Moksha 2016 is presented by Sutra and is part of the foundation's effort to bring art to the non-urban community. The six-day Indian dance showcase is directed by Datuk Ramli Ibrahim and takes place in Kuala Selangor from November 16 to 21.





**CG** Lim of Ironman Malaysia is ready to welcome athletes from around the world who are taking part in this most challenging triathlon race

The jewel of Kedah is set to host Ironman Malaysia 2016 on November 12. Organised by the World Triathlon Corporation, this long-distance triathlon will push competitors to their limits through an endurance series consisting of a 3.9km swim, a 180km bicycle

ride and a 42km run. According to CG Lim, the general manager and race director of Ironman Malaysia, "Following the success in 2015, we are expecting an increase in the number of participants this year." Ironman Malaysia attracts professional athletes from all

around the world, and visiting athletes will get the opportunity to experience bits and pieces of Langkawi over the course of the event, as they set out to qualify for the 2017 Ironman world championship in Kona, Hawaii. More details on ap.ironman.com.